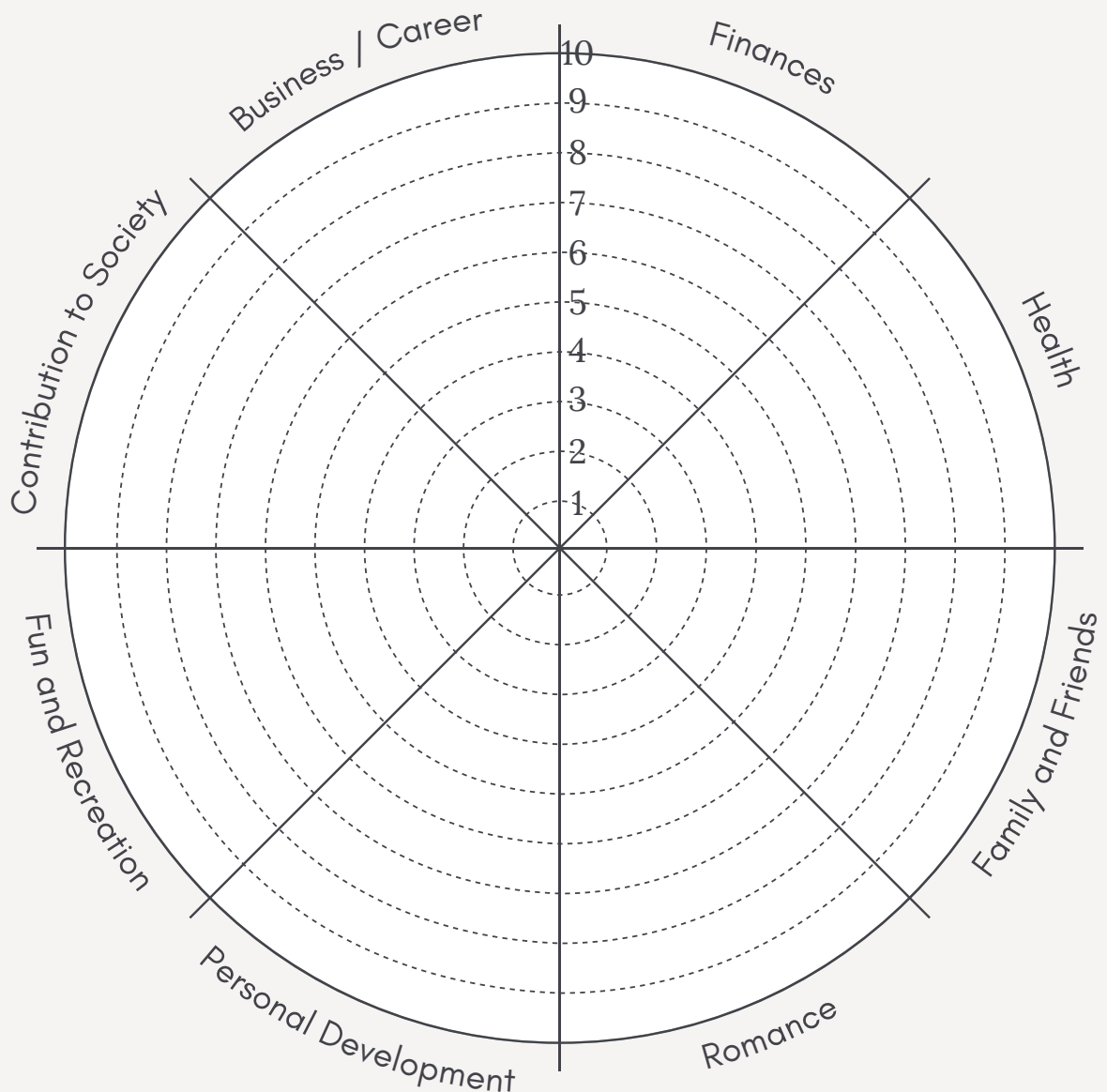


Wheel of LIFE

The purpose of the Wheel of Life is to help you consider all areas of your life and assess what parts are off-balance. Review each of the segments and decide how satisfied you are in each of these areas. Draw a line across each section to represent your satisfaction score out of 10, and Join up the lines to see your final Wheel of Life



Wheel of **LIFE**

Date: _____

Notes, Findings and Conclusions

HEALTH

FAMILY & FRIENDS

PERSONAL DEVELOPMENT

FUN & RECREATION

CONTRIBUTION TO SOCIETY

BUSINESS / CAREER

FINANCES

NOTES
